

HEALTH AND WELLBEING OF OUR TAMARIKI

80% of our **HEALTH AND WELLBEING** is determined through our **SOCIAL, ECONOMIC and PHYSICAL ENVIRONMENTS (50%)** and our behaviours (30%).
Only 20% is determined by our access to and quality of health care.

+ Avoidable Hospitalisations (ASH)

Hutt Valley children aged 0-4 years in 2018

For every 100
MĀORI CHILDREN

10 Avoidable
Hospitalisations



For every 100
PASIFIKA CHILDREN

12 Avoidable
Hospitalisations



2.3x

more likely than national
to be hospitalised for
ASTHMA =
101 HOSPITALISATIONS



3x

more likely than national
to need hospital
DENTAL TREATMENT =
26 HOSPITALISATIONS

HVDHB spends an average

\$1m on

DENTAL TREATMENT

under general anaesthetic for
children 0-14 years

29 Pasifika
children

**HOSPITALISATIONS
FOR ASTHMA**

For every 100 children of
other ethnicities 7 avoidable
hospitalisations

79 ASTHMA
HOSPITALISATIONS

88

Upper respiratory/
ear nose and throat
infections
HOSPITALISATIONS

HOUSING SENSITIVE HOSPITALISATIONS*

CHILDREN 0-4 YEARS
for conditions sensitive
to poor housing or
overcrowding

= 393

**HOSPITALISATIONS
EACH YEAR**



*Examples of housing sensitive conditions include: Rheumatic fever, Bronchitis and Meningococcal disease.

24/1000
PASIFIKA



20/1000
MĀORI



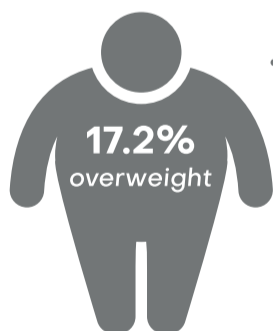
8/1000
OTHER



Obesity



11.7%
obese



17.2%
overweight

HUTT VALLEY
CHILDREN

11.3%

21.3%

across NZ

28.9% of Hutt Valley children
ARE **OVERWEIGHT** OR
OBESSE

compared to 32.6% across NZ

Children in most deprived areas

2.1x

more likely to be obese than
children living in the least
deprived areas.



Mental Health

5.0%

2.8% NZ
experience **ANXIETY**

5.9%

4.4% NZ
**EMOTIONAL and /
BEHAVIOURAL**
problems

1.8%

0.6% NZ
experience **DEPRESSION**

2.1%

2.0% NZ
have **ADHD**

0.6%

1.6% NZ
have **AUTISM**



DATA DISPLAYED

DATA SOURCE

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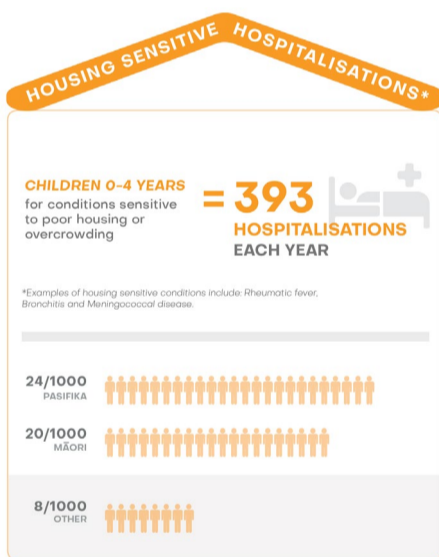
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Hutt Valley DHB Ambulatory-sensitive hospitalisations. 2018 data for 0-4 year populations.

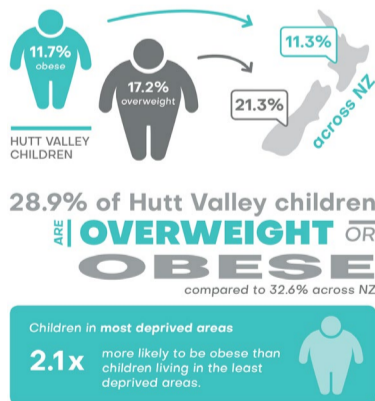
Data provided by Hutt Valley DHB.

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Hutt Valley DHB Dental Service data 2016/17.

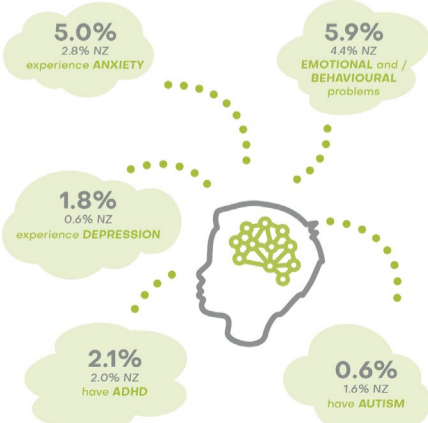


Hutt Valley DHB Housing sensitive hospitalisations rate for population 0-14 years per 1000 children.



NZ Health Survey Regional Data 2014-2017 by DHB.

<https://minhealthnz.shinyapps.io/nz-health-survey-2014-17-regional-update/>



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