



IMAGINE IF OUR CITIES WERE DESIGNED WITH OUR COMMUNITY'S HEALTH AND WELLBEING IN MIND

When **walking, cycling, play** and **connecting** with one another are built into the way we **design our streets, spaces and places**, neighbourhoods and communities feel a sense of **belonging and connection**.



DESIGNING A HEALTHY CITY



Community bike scheme

Many whānau have limited access to working bikes. This is a significant barrier to getting the benefits of cycling for transport. To address this we supported a community champion in Naenae to start Free Ride, a transport equity project providing recycled bikes and free bike fix ups.



Co-designing 20-minute neighbourhoods

Living Well Locally, aims to provide the environment and infrastructure for communities to meet most of their needs within walking and cycling distance from their homes. It is an Aotearoa version of the international 20-minute city concept, and it will be piloted in Wainuiomata through the Lower Hutt Climate Action Pathway.



Local and accessible healthy kai

One aspect of cities that affect our physical health is the food system and access to recreation spaces. Alongside our colleagues in planning, urban design and parks we're advocating for public spaces that meet our need to connect, play and grow kai within walking distance of people's homes.



Spaces and streets designed for play and exercise

Exercise and play happens organically when we design spaces and streets that allow people of all ages and abilities to feel safe to get around and explore at their own pace. Cycleways, slower vehicle speeds and pocket parks provide places for play and social interaction - building physical activity and socialising in our daily lives.

